



## Space Maintainers

### **Please follow these instructions:**

If your child loses a baby tooth early, the remaining teeth may shift or tilt, filling the space intended for the permanent tooth. Space Maintainers save space for the permanent teeth and help guide them into position.

#### **Space Maintainers do require special care:**

- **Avoid** hard, sticky, chewy foods and candy
- Teeth should be brushed after each meal. Clean the teeth with bands especially well
- **Do not** try to bend the wire for any reason with a finger, the tongue or any hard objects
- Notify our office **immediately** if the bands come loose or the space maintainer is damaged in any way.