



Post-Extraction Instructions

- **Diet:** Because your child's teeth and mouth are numb, he/she **should not** eat until the numbness wears off (usually about 2 hours.) Be sure that your child **does not** bite or chew his/her lips, cheek or tongue while it is numb. We recommend a soft/liquid diet for the first 6-12 hours.
- **Bleeding:** There may be a small amount of pinkish drooling from his/her mouth. This is not unusual. If you notice continuous bleeding from the gums, place gauze or a wet washcloth firmly over the area. Hold the gauze in place for at least 15 minutes. Repeat if necessary. **Do not** let your child spit or suck through a straw or sippy cup for 2 days.
- **Pain:** There may be soreness of the mouth and jaw muscles. Tylenol or Ibuprofen should be sufficient to control this pain. The use of aspirin is discouraged.
- **Oral Hygiene:** Brushing and flossing are encouraged as normal except in the immediate extraction site, which can be gently cleaned with a moistened washcloth for the first 2 days.